

December 2025

Promesa Academy – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Corn Dogs Steamed Cheesy Broccoli Fresh Butternut Squash Fresh Orange Wedges Ketchup	2 Chicken Chili Crispos Roasted Sweet Potato Seasoned Pinto Beans Tropical Mixed Fruit Cup	3 WG Pepperoni Pizza Baby Carrots Fresh Celery Sticks Fresh Watermelon Cup FF Buttermilk Ranch	4 Sweet & Sour Chicken WG Chicken Nuggets WG Fried Rice Asian Veggie Blend Buttered Fresh Yellow Squash Fresh Whole Apple Sweet & Sour Sauce	5 Turkey & Cheese Green Leaf Lettuce On WG Bread Slices Cucumber Slices Jicama Sticks Peach Cobbler Fruit Cup FF Buttermilk Ranch
8 WG Chicken Tenders Tater Tots Italian Veggie Blend Fresh Orange Wedges Ketchup; Mustard	9 Taco Tuesday Turkey & Cheese WW Tortilla Mexicali Corn Seasoned Pinto Beans Sliced Granny Apples	10 WG Pepperoni Pizza Baby Carrots Fresh Broccoli Florets Tropical Mixed Fruit Cup FF Buttermilk Ranch	11 Breaded Chicken Burger Sliced Cheese On WW Hamburger Bun Buttered Carrots Fresh Sugar Snap Peas Mandarin Orange Cup Ketchup; Mustard	12 Turkey Hot Dog On WW Hot Dog Bun Sweet Potato Tots Seasoned Fresh Cauliflower Fresh Banana Ketchup; Mustard
15 WG Chicken Nuggets Steamed Cheesy Broccoli Fresh Butternut Squash Fresh Orange Wedges Ketchup	16 WG Chicken Dumplings WG Egg Roll, WG Fried Rice LS Teriyaki Sauce Green Beans Asian Veggie Blend Applesauce Cup	17 WG Pepperoni Pizza Jicama Sticks Seasoned Edamame Mandarin Orange Cup FF Buttermilk Ranch	18 Christmas Meal Sliced Turkey Tenderloin LS Poultry Gravy Brown Sugar Glazed Carrots Roasted Red Potatoes WG Zucchini Bread Slice WG Christmas Tree Cookie Caramel Apple Fruit Cup	19 Fiestada Stuffed Sandwich Normandy Veggie Blend Buttered Fresh Yellow Squash Mixed Berry Applesauce
22  CLOSED	23  CLOSED	24  CLOSED	25  CLOSED	26  CLOSED
29  CLOSED	30  CLOSED	31  CLOSED		



Announcements



Key Terms:

LS = Low Sodium
 WG = Whole Grain
 WW = Whole Wheat

Available Milk Flavor:

1% White Milk
 Fat-Free Choc Milk
 Fat-Free Strawberry Milk



Milk & Cutlery Kit Included



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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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